

1869 South Patrick Drive, Indian Harbour Beach, FL 32937

321-779-0077



Store Hours

Tuesday thru Saturday

Serving Café Lunch 10:00am – 5:00pm

Produce Market and *Grab & Go* open til 6:00pm

Closed Sunday and Monday

- Dedicated to bringing the highest quality of pure, organic, raw and minimally processed ingredients
- Prepared carefully through cold-press juicing and dehydration
- Preserving the nourishing and healing value of the micronutrient and enzyme-rich ingredients



“The food you eat can be either the safest & most powerful form of medicine or the slowest form of poison”

— Ann Wigmore



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www.happyhealthyhumancafe.com



Organic, Raw, Vegetarian/Vegan Café
Produce Market & Juice Bar

Full Spectrum CBD Oil

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Smoothies & Juices

HHH Green Smoothie 16oz

Kale, spinach, apple, kiwi, chia and banana

Boosters: \$1 each

spirulina chlorella maca bee pollen
aloe chia gel ginger turmeric

Green Juice

Celery, cucumber, spinach, romaine, kale, carrots, lemon.

Power-packed and delicious

Carrot Juice **Customize**

Custom Juice \$4 plus cost of produce

Wheatgrass Juice Shot 1oz \$2 2oz \$4

Wheatgrass Chaser Carrot-ginger or apple-ginger \$2

Fireball Shot, lemon, ginger & cayenne 1oz \$2



Grab & Go Cooler

Cold-Pressed Juices 16oz
pure organic perfection made daily

Sweet Funky Beet

Carrots, apples, beets, lemon, ginger. Rich in nutrients

Katherine

Kale, spinach, lettuce, green apples, carrots, lemon, ginger.

Tangy, green and antioxidant rich

Sunshine

Oranges, carrots, lemon, aloe. Power of the sun

Brazil Nut Mylk

Sprouted brazil nuts, vanilla, honey*. Velvety goodness

Spicy Lemonade (4 quarts \$40)

Lemons, cayenne pepper, maple syrup. Cleansing and refreshing

Sunset

Lemons, turmeric, maple syrup. Calming and healing

KayLatte and Mocha KayLatte

Cold French-pressed organic coffee, brazil nut mylk, raw local honey, vanilla, himalayan pink salt

Beverages: Organic Coffee, Herbal Teas, Kombucha on Tap and Nitro Cold-press Coffee

Milk Shakes

Blended Frozen banana and brazil nut mylk.

Five creamy and delicious favors:

Banana Chocolate Strawberry Dragon Fruit Açai Berry

Lunch

Onion Bread Sandwich

Onion bread, nut cheese, avocado, tomato, sprouts, cabbage, carrots and spiralized zucchini with sprouted nut dressing

Human Sandwich

Onion bread, nut cheese, taco meat, avocado, tomato, sprouts, cabbage, carrots and spiralized zucchini with tangy hot sauce

Nori Rolls

Carrots, cucumber, avocado, hummus w/tahini and sprouts

Quinoa Side

Quinoa with walnut taco meat, sprouted nut cheese

Loaded Avocado: Whole \$6 Half \$3

Organic Avocado loaded with our nut cheese and walnut taco meat

☀️ Tasty Tacos

Sprouted nut cheese, walnut taco meat, tomatoes, spiralized veggies, sprouts, tangy hot sauce, nut sour cream

☀️ Collard Burrito

Collard wrap stuffed with our sprouted nut cheese, walnut taco meat, zucchini, carrots, cabbage, avocado, cucumber, tomatoes, sprouts and nut dressing

☀️ Kale Salad

Green kale massaged with tangy sprouted nut sauce and sprinkled with tasty fixins. Topped with sprouts & sprouted nut parmesan cheese

☀️ Quinoa Bowl

Sprouted quinoa lightly cooked on a bed of fresh spinach salad, topped with taco nut meat, nut cheese, avocado, cucumber, peppers, tomatoes and side of hot sauce

☀️ HHH House Salad

Salad mix, zucchini, carrots, cabbage, tomato, cucumber, peppers, sprouts, nut dressing & garlic vinaigrette

☀️ HHH Oatmeal Bowl

Organic Steel-cut oats with cinnamon and dark maple syrup

☀️ Check the *Grab & Go Cooler* for immediate take-out

Extra sauce \$1.00

Treats

HHH Açai (ah-sigh-ee) Bowl or Dragon Fruit Bowl

Made with unsweetened organic Amazonian superfood açai berries or Dragon fruit, sprouted chia gel, dates, frozen bananas, buckwheaties, coconut shreds, cashew butter, *honey**, seasonal berries, bee pollen

HHH Super Açai Bowl

Includes Spirulina, Chlorella & Maca blend

**Substitute the honey with maple syrup to make it Vegan*